



# LIFE LEADERS

**Mission: To... help people PLAN and LEAD in LIFE.**

*“a mutual improvement society that helps people succeed in life...”*  
**--BIRMINGHAM Magazine--**

Life Leaders presents these programs: **Personal Leadership (1992), Plan for Life (1992), Banquet (1992), Summer Social (1992), Patriotism in Action (2003), Professionalism and Leadership (2003)....**

Annually for Members and Guests:

- ◆ Improve your *plan for life* along with other positive people
- ◆ *Life Leaders seminar: 7 Best Practices, 7 Areas of Life* (January, usually 1<sup>st</sup> or 2<sup>nd</sup> Thursday, 5:45-7:15 p.m.)
- ◆ *Plan for Life Workshop*, Dr. David Dyson (January)
- ◆ *Memorial Day/Patriotism in Action*, Alabama National Cemetery, Col. Bob/Nancy Barefield, Ret. (May)
- ◆ *Summer Social* (June)
- ◆ *Independence Day celebration/Patriotism in Action* (July)
- ◆ *Professionalism and Leadership*, Col. Stretch Dunn, USA Retired (October)
- ◆ *Personal Leadership for Patriots & Patriotism in Action as part of America's 1<sup>st</sup> Veterans Day* (November)
- ◆ *Banquet and Party*, December
- ◆ *Newsletter* monthly
- ◆ We typically offer 50 minutes of educational-inspirational content compressed from a professional program, plus 15-30 minutes of social activity and announcements.
- ◆ *High value, low cost (mission more than money)*—\$50 for a year, +\$25 for a spouse— or contribute how you wish— printing, supplies, refreshments, or something else; some help as advocates. For events such as the banquet, each of us pays our own way.

Options:

- ◆ *Books and Coaching are available for reduced fees.* You may receive private, no obligation information, including menus. Some benefit from coaching weekly or monthly following our seminar; some preferred faster, better actions and results. Dr. Dyson and a few other members coach and consult.

## Sample Seminars

*Life Planning & Leadership*  
*Attitude, Ability, & Earning Empowerment*  
*The 7 Motivating Values*  
*Time, Inspiration, Money, Energy (T.I.M.E.)*  
*Great Leader Differentiators*

## Teacher / Speaker

Dr. David Dyson

Col. Stretch Dunn (USA Retired)

## Major Personal Leadership Seminars presented at Birmingham-Southern College

<i>7 Habits of Highly Effective People</i>	Dr. Stephen Covey, Covey Leadership (now Franklin-Covey)
<i>Personal Excellence</i>	Dr. Ken Blanchard, Blanchard Training
<i>Time-Quest &amp; Belief Windows</i>	Hyrum Smith, Chairman, Franklin Quest (Franklin-Covey)
<i>Becoming the CEO of Your Life</i>	Dr. Denis Waitley, author

**Benjamin Franklin** met weekly for years with his “mutual improvement club.” **Napoleon Hill** researched the “success formula” for 500 of the world’s prolific people like **Andrew Carnegie** and **Thomas Edison** that they develop “definite purpose and plans” as well as “harmonious relationships.” **Life Leaders** builds on their examples to offer members and professional services connected to learning and developing as our best-selves.

# Sample Models and Topics We Teach and Coach

*on Life Leadership, Empowerment, True Professionalism, and Leadership*



Of the **7 Levels of Leadership**, we focus first on **Personal and Life Leadership** to build a foundation for more effective *Interpersonal and Team leadership* necessary for effective, harmonious relationships, families, and organizations, as well as higher-level *best-self servant leadership*.

**We invest in ourselves so we have more capacity to give to others.** We offer seminars and coaching related to personal and organizational leadership in educational and professional organizations, as well as ministries and families. *Life Leaders* apply **7 Best Practices to PLAN and LEAD in LIFE within the 7 Areas of Life**—developing and earning trust and empowerment. *Best-self Leader* organizations align with individuals.

## 7 Best Practices for Life Leaders

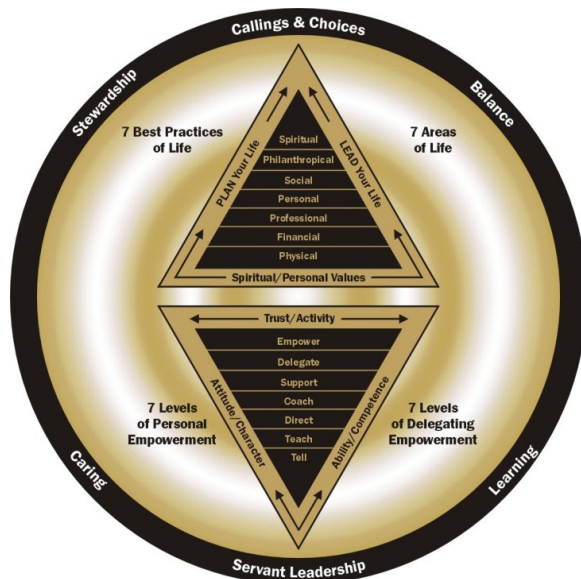
This is a summary strategy for your *best-self*:

1. *Lead Your Life*
2. *Plan for Life*
3. *Have an Impact*
4. *Balance Your Life*
5. *Live Your Priorities*
6. *Assess and Adjust*
7. *Renew and Improve*

## 7 Areas of Life

Everything we do falls into these areas:

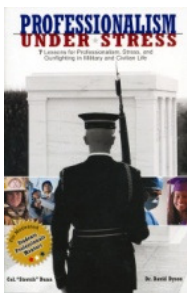
1. *Physical*
2. *Financial*
3. *Professional*
4. *Personal*
5. *Social*
6. *Philanthropical*
7. *Spiritual*



## 7 Levels of Empowerment

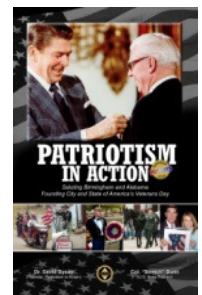
**Empowerment** should be earned as well as delegated based on developed trust in **Attitude and Ability (character and competence)**. **Trust in self** should be earned from within as well as with others to enhance communications and productivity results while decreasing conflict and wasted time.

1. **Tell** 2. **Teach** 3. **Direct** 4. **Coach** 5. **Support** 6. **Delegate** 7. **Empower**



We teach from two of our books—Professionalism Under Stress and Patriotism in Action (Dyson, Dunn) plus others in progress on *Life Leadership* and *Planning for Life*—that include topics and tools on *Attitude and Ability; Earning and Delegating Empowerment; Time, Inspiration, Money, Energy; Motivating Values; Leadership*, and more valued by *Life Leaders*.

*We would like to add you to our friends e-mail list and send a menu.*



**Vision:** *We serve as a positive organization to help more people write plans for life and act on common denominators of living as our best-selves. We also offer professional services such as lectures, training, coaching, and consulting for colleges, corporations, churches, and community groups, as well as motivated professionals and students.*

**Core values** to educate and encourage *Best-self Citizen Leaders: Inspiration, Improvement, Integrity.*