



Life Leaders News

Invitations and News to PLAN and LEAD your LIFE--March 2010
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Page 1: Association Invitations and Updates; Page 2: Institute News and Offerings

March 4

Summary (see more below):

- 3:15-5:15 PM bonus seminar for members (optional): Leadership and Empowerment
- 5:30-5:45 Orientation for new and prospective members: mission, Q & A
- 5:45-6 Social and registration (café upstairs)
- 6-7:15 Seminar and announcements

Plans for Attitude, Ability, and Professionalism

Thursday, March 4, 5:45/6-7:15 PM. Hoover Library. Free for members/first-time guests.

Reply to RSVP. Membership: \$50 / year, \$75 couples.

Hosts	Stretch and Joan Dunn
Moderator	Bobby Watts
Seminar	David Dyson
♦ Planning Progress/example: Professional Capabilities	Dwight Wiggins
♦ The 7 components of Attitude and Ability	David
♦ The 7 Levels of Earning and Delegating Empowerment	David
♦ Attitude and Ability Development Plan example	Helen Holston
♦ Workshop to improve your plans	Suggestion: bring your plan
Bonus:	
♦ New Tax Laws and Credits for individuals/couples	Bob Barefield
Announcements and updates (5-10 minutes):	
♦ Seminar: April (Plans for Legacy)	Stretch Dunn
♦ Life Leaders profile/plan	David Dyson
♦ Patriotism in Action plan	Bob and Nancy Barefield
♦ Q&A	

New Offerings

3:15-5:15 Bonus seminar for members (a compressed version of the 4-hour Institute seminar presented for corporations and conferences, *Earning the Next Level of Attitude, Ability, and Empowerment*). Free for members (the annual membership fee for the association: \$50 per person or \$75 per couple). We offer this seminar to provide a bonus for members wanting more depth than we can provide in less than an hour and to provide an afternoon opportunity for those who cannot attend evenings.

5:15-5:45 Library has a café upstairs.

5:30-5:45 Orientation to Life Leaders for new and prospective members to give you highlights of information about purpose and programs and answer your questions. Please RSVP so we can print a handout for you.

Actions, Progress, Plans

- ◆ **Advocacy, Attendance, Membership, Branding / Dwight Wiggins, Tyler Gilbert, Jennifer Hargett, Helen Holston:** new/renewed association memberships – **Hack Sain, Helen Sain.** Membership: begin or renew your membership in Life Leaders for 2010--individual memberships still only \$50 and couples \$75. Options: check to Life Leaders or credit card via PayPal at our web site or via phone (we can take your credit card number at the seminar or by phone). [The association and institute operate separately with different checking accounts.]
- ◆ **Patriotism in Action / Col. Bob and Nancy Barefield:** Helen Holston joined our team; Gov. Riley appointed her to serve on the State Board of Veterans Affairs. To join our Patriotism in Action mailing list, tell Bob, Nancy, or David.
- ◆ **Personal Leadership / Bobby Watts:** our next seminar will be held on Thursday, April 1, Hoover Library. Advise David if you have requests for contents or tools.
- ◆ **Plan for Life / Dr. David Dyson, Gerry Casey:** Gerry will present his Legacy as a sample in April. Stretch will present a Letter to your Executor as a handout.

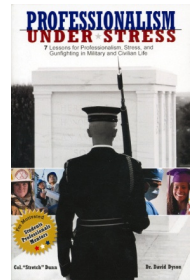
Melvin Carrington Smith Sr. provided this set of best practices at our workshop:

1. WRITE A KEY GOAL IN ALL MAJOR AREAS YOU WANT TO FOCUS
2. BE VERY SPECIFIC IN REGARDS TO TIMEFRAME AND OUTCOME
3. VISUALIZE YOUR END RESULTS IN YOUR MIND'S EYE
4. INWARDLY FEEL THE SATISFACTION OF ACCOMPLISHMENT
5. SAY IT OUT LOUD WITH PASSION AND CONVICTION
6. SHARE IT WITH SOMEONE WHO CARES ABOUT YOU ACHIEVING THIS GOAL
7. DEVELOP A PLAN OF ACTION TO ACCOMPLISH THE GOAL(S)
8. TAKE THE NECESSARY ACTION TO MAKE IT HAPPEN
9. YOUR SUBCONSCIOUS MIND WILL NOW TAKE CHARGE TO HELP YOU ACCOMPLISH
10. REVIEW AND ADJUST AS LIFE SITUATION(S) AND/OR GOALS HAPPEN

Professionalism and Leadership under Stress / Col. (Ret) Stretch Dunn:

Professionalism Under Stress (Dunn and Dyson) offers lessons and best practices on professionalism, stress, and leadership for motivated students and professionals – like three books in one. 322 pages, \$15 each – \$10 if a handout for our seminars.

www.ProfessionalismUnderStress.com



Life Leaders Institute News and Resources

Auburn University: advising Dr. Ainsley Carry and Gwen Reid on the new leadership center.

Birmingham-Southern College: preparing lectures for two classes April 21 with Dr. Byron Chew.

Transportation Security Administration (Homeland Security) / Afif Kanafani leading to schedule seminars on *Attitude, Ability, and Professionalism* for Managers in Birmingham and Huntsville, plus seminars on *Personal Planning and Development* for transportation security officers in March.

Public and in-house seminars: We would like to provide a menu of topics and tools for you to consider for you and/or to advocate to your corporation, college, center, church, or community group.